



# Do you have Type 2 Diabetes?

## Project ReSIDE

If you are **18 years of age or older**, have **Type 2 Diabetes**, are on a waiting list for rental assistance, and live in the greater New Haven area, you may be eligible to participate in a research study. The purpose of this study is to understand more about the impact of affordable housing on diabetes management. Participants will be required to complete surveys on-line every six months for two years. Participants will also be asked to provide some health information such as A1C, blood pressure, and BMI. Compensation up to **\$375** after completing all rounds of surveys.

**To learn more or see if you are eligible to participate, call (203) 479-0468 or email [projectreside@yale.edu](mailto:projectreside@yale.edu).**

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Project ReSIDE will examine whether and how expanded access to affordable housing through rental assistance programs can improve type 2 diabetes self-management and control, ultimately reducing existing socioeconomic and racial disparities in diabetes outcomes. The study will examine the effect of rental assistance on diabetes self-management and control using nationally representative survey data, and by prospectively observing transitions from waitlists to rent-assisted housing through a longitudinal mixed-methods cohort study.

We will enroll 300 individuals in the Connecticut area who have type 2 Diabetes and are on a rental assistance waitlist. These participants will answer questions about their housing and health through an online survey administered every six months spanning two and a half years. In addition at each study interval participants will provide objective health data, including HbA1C, blood pressure, and weight, to help the team assess trajectories in diabetes control.

A subsample of 40 participants will complete longitudinal qualitative interviews throughout the study. Qualitative data will provide nuanced insight into the relationships between rental assistance and diabetes outcomes, and into factors that may modify or mediate these effects.